

Fall Newsletter

1-866-433-8933 ext. 2374

October 2008

The Ontario Early Years Centre
is a program of:

United Counties of Leeds & Grenville
200-25 Central Avenue West
Brockville, ON K6V 4N6
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Play & Learn Fall Schedule

Ontario Early Years Centres
A Place for Parents And Their Children.



Parents, grandparents and caregivers with children birth to 6 years of age, have an opportunity to access early learning activities, resources and early learning professionals.

Program includes art, sensory, literacy, gross motor, fine motor and math activities, as well as a group time.

All programs are FREE and operate throughout the year.

Brockville Site:

Play & Learn - Mon. Tues. Thurs. Fri.
9:30–11:30 a.m.
Homecare Hub – Wed.
9:30 – 11:30 a.m.
Pyjama Jam – Wed.
5:00–7:30 p.m.
Playing with Baby – Thurs.
1:30 – 3:00 p.m.

Gananoque Site:

Play & Learn - Mon. Thurs. Fri.
9:30 – 11:30 a.m.
Pyjama Jam – Tues.
5:00–7:30 p.m.

Kemptville Site:

Play & Learn - Mon. Wed. Thurs.
9:30 – 11:30 a.m.
Pyjama Jam – Tues.
5:00–7:30 p.m.
Homecare Hub – Fri.
9:30 – 11:30 a.m.

Prescott Site:

Play & Learn – Tues. Wed.
9:30 – 11:30 a.m.





**Ontario Early Years Centre – Leeds & Grenville
Mobile Bus – Community Early Years Programs
& Toy Resource Lending Library**



When	Where	Time	Dates
MONDAYS	Toledo Public Library 424 Hwy 29 Toledo	9:30 – 11:00 a.m.	September 8, 22 October 6, 20 November 3, 17 December 1, 15
	Common Room 55 Reynolds Dr. Brockville	1:30 – 3:00 p.m.	
	Mallorytown Playgroup Mallorytown Community Centre (upstairs) 76 County Road #5 South Mallorytown	9:30 – 11:30 a.m.	September 15, 29 October 27 November 10, 24 December 8
TUESDAYS	Athens United Church 17 Church St. Athens	9:30 – 11:30 a.m.	September 9, 23 October 7, 21 November 4, 18 December 2, 16
	North Edwardsburg Public School 903 County Rd. 21 Spencerville	9:30 – 11:30 a.m.	September 16, 30 October 14, 28 November 11, 25 December 9
	Ontario Early Years Center Prescott Site Central Public School 490 Jessup St., Hyde St. Entrance Prescott	1:00 – 2:30 p.m.	September 16 October 14 November 11 December 9
	Victor Crescent Prescott	2:45 – 3:15 p.m.	
THURSDAYS	Seeley's Bay Playgroup Royal Canadian Legion Hall 116 Bay Road Seeley's Bay	9:30 – 11:30 a.m.	September 11, 25 October 9, 23 November 6, 20 December 4, 18
	Lansdowne Playgroup Township of Leeds & Thousand Islands Municipal Building, 1 Jesse St. Lansdowne	9:00 – 11:00 a.m.	September 18 October 2, 16, 30 November 13, 27 December 11
	Ontario Early Years Centre Gananoque Site 375 William St. S. Gananoque	11:30 a.m. – 12:00 p.m.	October 2, 30 November 27 December 11
FRIDAYS	Cardinal Public Library 618 King. St. Cardinal	9:30 – 11:30 a.m.	September 12, 26 October 10, 24 November 7, 21 December 5, 19

*** Stops will be cancelled in the event of inclement weather or school bus cancellations ***

For more information about programs, workshops and resources offered by Ontario Early Years Centre-
Leeds & Grenville call 1-866-433-8933 ext. 2374 (toll free) or visit

http://www.uclg.ca/en/services/childrenservices_oeyc.asp

DANCING WITH THE LEAVES

You can use real leaves for this group activity! Choose some instrumental music. Give each child a leaf. Play the music while the children dance and make their arms swing and sway to the music making their leaves dance. Let the children know that when the music stops, they can let their leaves fall to the floor. Once the music starts again, they can pick up their leaves and move with them again.

COOKED FINGER PAINT

1 cup of cornstarch
5 cups of water
1 cup of soap flakes
(e.g. Ivory Snow)
Liquid paint

Cook water and cornstarch until thick and clear, stirring constantly.

Cool.

Add soap flakes.

Beat until smooth.

Add liquid paint.

Pour the paint onto a tray or cookie sheet and "finger-paint"!

If the children want to make a 'print' of their painting, place a piece of plain paper on top and gently rub, transferring the image onto the paper.

FIVE LITTLE PUMPKINS (RHYME)

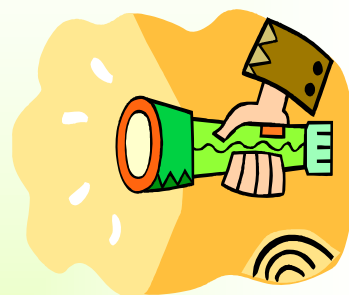
Five little pumpkins sitting on a gate,
The first one said, "Oh my, it's getting late!"
The second one said, "There are witches in the air!"
The third one said, "But we don't care!"
The fourth one said, "Let's run and run and run!"
The fifth one said, "I am ready for some fun!"
Ooooo went the wind and out went the light
And the five little pumpkins rolled out of sight.

Hold up five fingers or use felt, paper or real pumpkins to animate the song.



FLASHLIGHT FUN

With a flashlight, shine the light on the wall and ceiling and have the child follow it with his/her eyes, or chase the light with his/her own flashlight. Place a shape or object on the wall and shine a flashlight on it, or have the child shine a light on it. To enhance speech, have the child name the shape or object. Shine the light on the child's various body parts and have him/her name and/or move the body part. Switch roles with the child.



HELPING YOUR CHILD GET READY TO READ

As a parent and/or caregiver, you play the most important role in helping children be ready to learn when they go to school. Play games with your child when you are reading a book to help them develop the skills they need to begin to read.

Here are some ideas to use when reading:

- * Point out words that rhyme (e.g. goose and loose).
- * Start a familiar story incorrectly (i.e., if you are reading Cinderella, start “once upon a time, there were three little pigs”). Help them notice that the pictures should match the story.
- * Look at the words. Make note of the words/sentences that are repeated.
- * Point out the letters (i.e., Can you find me the letter “S”? Do you know what sound it makes?)
- * Let your child take the lead.
- * Encourage your child to ask questions.
- * Ask your child questions about the story.

Remember, as tempting as it may be, don't put any pressure on your child. Have a great time curling up with a book tonight.



**For more information, please contact the Early Literacy Specialist—Leeds and Grenville at
1-866-433-8933, extension 2378.**

Apple- Berry Salsa with Cinnamon Chips

Salsa:

- 2 Granny Smith apples
- 1 cup strawberries
- 1 kiwi
- 1 orange
- 2 tbsp. brown sugar
- 2 tbsp. apple jelly



Cinnamon Chips:

- 2 large flour tortillas
- 1 tbsp. white sugar
- ½ tsp. cinnamon

Preheat oven to 475°

Brush tortillas with water.

Combine sugar and cinnamon; sprinkle over tortillas. Put on a baking sheet. Cut each tortilla into 8 wedges. Bake until golden brown. Move to cooling rack.

Peel, core and dice apples. Slice strawberries and chop kiwis.

Zest and juice orange into a bowl.

Combine prepared fruit, orange zest, orange juice, brown sugar and apple jelly in a bowl.

Serve fruit salsa with cinnamon chips.

Chocolate Chip Pumpkin Muffins

- 1 egg
- 2 cups of white sugar
- 1 cup canola oil
- ½ cup molasses
- 1-14 oz. can of pumpkin
- 3 cups of flour
- 2 tsp. baking soda
- 1 tsp. cinnamon
- 1 cup chocolate chips

Beat eggs and sugar.

Add oil, molasses and pumpkin.

In a separate bowl combine flour, baking soda and cinnamon.

Add dry ingredients slowly to the pumpkin mixture.

Fold in chocolate chips.

Spray muffin pans with non-stick cooking spray.

Bake in preheated 350°F oven for 20 minutes.



IS IT NORMAL FOR MY CHILD TO?

Children develop in different areas at different ages and stages. There are, however, typical developmental milestones that most children will reach by a certain age. If you know what these milestones are, you can relax a little if your two year old does not play cooperatively with other children. You can also be aware of areas that may be developing a little slowly and can make sure that, if they do need some extra support in one area or another, you can give them that support.

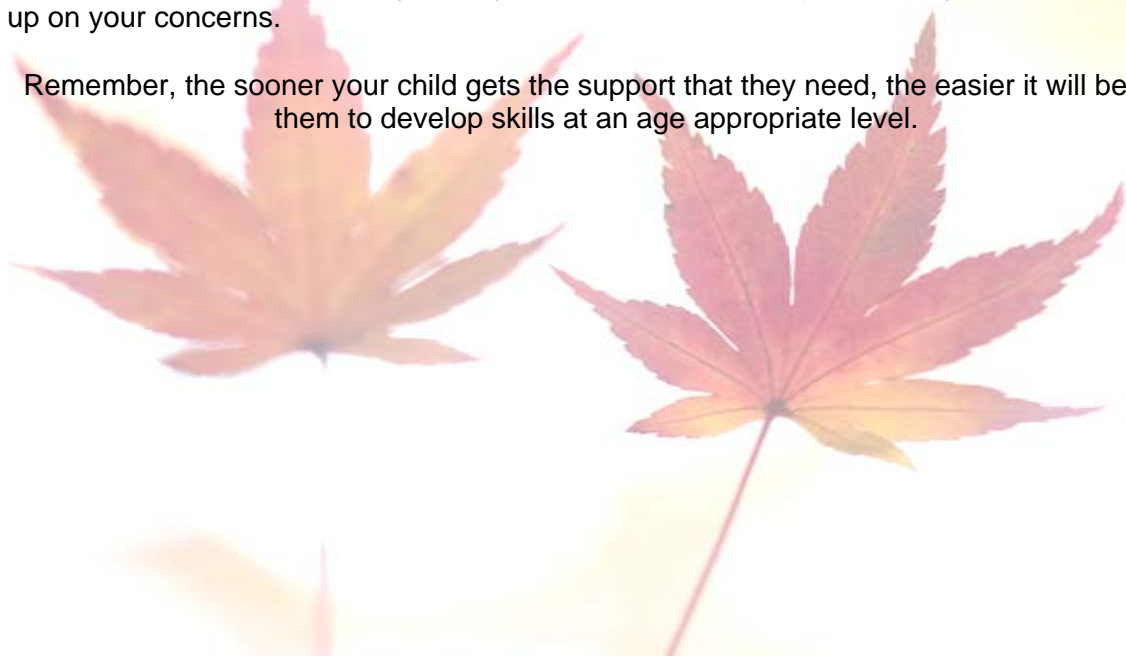
You are the very best judge of your child's development. If you have any concerns at all, it is a good idea to follow your instincts and get more information.

The Resource Consultants (R.C.) at the Ontario Early Years Centre all have a background in early childhood development and years of experience working with young children and their families. They are an excellent source of information for you. The R.C. can answer any questions you may have and can provide you with a variety of resource materials that you can take home and discuss with other adults who know your child well. Some of the resources available are:

- The *Nipissing District Developmental Screen* is an easy to use tool that provides typical expectations for all ages, as well as some ideas of activities that you can do to help you play your part in your child's development.
- The Ontario Early Years "Making a Difference" pamphlets summarize what children of different ages need and how you can help them succeed.
- The Preschool Speech and Language Program has produced a pamphlet outlining developmental speech milestones for babies and for preschoolers.
- The Blind-Low Vision Early Intervention Program has produced a pamphlet outlining developmental vision milestones for children from birth to 2 years.

The Resource Consultant may refer you to another service provider if you want to follow up on your concerns.

Remember, the sooner your child gets the support that they need, the easier it will be for them to develop skills at an age appropriate level.



CRUSHED LEAF MOSAIC

Have your children gather a small bag of fallen leaves.
Dry them out completely, then have your children crush them up.

Next, give your child a piece of paper.

Have him/her cover the paper with glue and
sprinkle on the crushed leaves.

CONGRATULATIONS!!

Congratulations to the winners of the 2008 Feedback and Planning Survey.

The winners were:

Brockville		Korrine Landry
Kemptville		Jen Filfield
Prescott		Debbie Cassleman
Gananoque		Jessica Warren
Toy Bus		Carol Guild

Connecting With Communities Through Cyberspace!

Did you know that the Ontario Early Years Centre launched a new webpage in January 2008? Parents, caregivers and professionals can now access and download centre schedules, programming information, outreach community schedules, and the most recent OEYC newsletter. Check it out!

http://www.uclg.ca/en/services/childrenservices_oeyc.asp