



Parent Support & Professional Development Calendar

Leeds and Grenville		
<p>Child Care Fee Subsidy</p>	<p>Call for an appointment.</p>	<p>Assistance for licensed child care costs to families that are eligible. If you are working, enrolled in an educational or re-training program, live in the United Counties of Leeds and Grenville and have children between the ages of 0 – 12 years, you may qualify for child care fee subsidy.</p> <p>For more info: call Debbie Bonfield, 613-342-3840, ext. 2361 or Sheyrell Masters, ext. 2392.</p>
<p>Baby Talk Locations: Brockville, Gananoque, Kemptville and Prescott</p>	<p>Call for dates and times.</p>	<p>Free drop-in support for parents of infants.</p> <p>For more info: call Leeds, Grenville and Lanark District Health Unit, 1-800-660-5853 or www.healthunit.org</p>
<p>Pre-Natal Classes Locations: Brockville, Gananoque, Kemptville</p>	<p>Call for dates and times.</p>	<p>Registration Fee - \$40.00, class size limited.</p> <p>To register: call Leeds, Grenville and Lanark District Health Unit, 1-800-660-5853.</p>
<p>Fun With Books Locations: Throughout Leeds and Grenville</p>	<p>Monthly</p>	<p>“Fun With Books” delivers free Little Golden books every month to preschoolers registered with the program.</p> <p>To register: call Wayne Thomas, 613-924-2611.</p>
<p>Triple P (Positive Parenting Program) Locations: Brockville, Gananoque, Kemptville and Prescott</p>	<p>Call for dates and times.</p>	<p>The Positive Parenting Program is for parents of children ages 2 – 12. Topics cover promoting child development; managing behaviours such as tantrums, aggression, disobedience; and, encouraging and praising your child. Triple P builds on a parent’s skills and aims to increase the parent’s knowledge, skills and confidence.</p> <p>To register: call Esther Pigion, Child and Youth Wellness Centre of Leeds & Grenville, 613-498-4844 or 1-800-809-2494, ext. 3066.</p>
<p>“Herstory of Heroines” Location: To be announced.</p>	<p>During March Break Mar. 15 – 19 Call for dates, times and locations.</p>	<p>March is “Women’s History Month”. Girls Inc. will be celebrating this by hosting several opportunities during the March Break. Girls will be given the chance to participate in fun, hands-on games and activities and meaningful, interactive opportunities to explore the history of women and celebrate our future.</p> <p>For more info: call Gina, Girls Inc., 613-345-3295, ext. 2, 2 or e-mail programs@uppercanada.girls-inc.org</p>

Brockville and Area

<p>Good Food for a Healthy Baby Location: St. John's United Church, corner of Park St. and King St., Brockville</p>	<p>Mondays 10:00 am – Noon</p>	<p>A prenatal nutrition program. Come and relax with us and have fun! For more info: call Joanne Harris, 1-888-284-2204, ext. 0.</p>
<p>Teen Drop-In Location: Brockville Public Library, 23 Buell St., Brockville</p>	<p>Thursdays 2:30 – 5:00 pm</p>	<p>Anime, teen movies and wii gaming. For more info: call Lisa Cirka, 613-342-3936.</p>
<p>Toddler Tales Location: Brockville Public Library, 23 Buell St., Brockville</p>	<p>Tuesdays Jan. 5 – Feb. 9 10:30 – 11:00 am</p>	<p>Stories, songs, rhymes and games for two year olds plus an adult. \$6.00 for 6-week session. To register: call Lisa Cirka, 613-342-3936.</p>
<p>Breastfeeding Support Drop-In La Leche League Canada - Brockville Group Location: OEYC - 166 Pearl St. E., Brockville</p>	<p>2nd Wed. each month Feb. 10, Mar. 10, Apr. 14 6:30 – 8:15 pm</p>	<p>Drop-in breastfeeding information and support, lending library, refreshments, all women welcome and babies too! For more info: call Julie 613-925-0067.</p>
<p>Girls' Night Location: Brockville and Area YMCA, 345 Park St., Brockville</p>	<p>Every Thursday Jan. 7 - June 17 6:00 – 8:00 pm</p>	<p>Girls' Night is a safe and structured space where girls are celebrated for who they are and encouraged to be independent and take healthy risks. Activities engage girls in interactive, hands-on learning, the chance to gain new skills and having fun with peers through participation in group activities. A healthy snack will be provided. For more info: call Gina, Girls Inc., 613-345-3295, ext. 2, 2 or e-mail programs@uppercanada.girls-inc.org</p>
<p>Preschool Storytime Location: Brockville Public Library, 23 Buell St., Brockville</p>	<p>Thursdays Jan. 7 – Feb. 11 10:30 – 11:15 am</p>	<p>Stories, songs, rhymes, games and a craft for 3 – 5 year olds plus an adult. \$6.00 for 6-week session. To register: call Lisa Cirka at 613-342-3936.</p>
<p>Winter Time Circle Make & Take Location: OEYC - 166 Pearl St. E., Brockville</p>	<p>Wednesday Jan. 20 6:30 – 8:30 pm</p>	<p>Early learning professionals are invited to learn and make a variety of early literacy resources to enhance your circle time. Please bring construction paper, foam, felt and laminating sheets in a variety of colours. To register: call 613-341-9044 or 1-866-433-8933, ext. 2374.</p>
<p>Baby Rhyme Time Location: OEYC – 166 Pearl St. E., Brockville</p>	<p>Mondays Feb. 1 – Mar. 29 1:30 – 3:00 pm</p>	<p>Program offers parents and their babies 0 – 12 months an opportunity to experience the pleasure & power of rhymes, songs and stories. To register: call 613-341-9044 or 1-866-433-8933, ext. 2374.</p>
<p>Goosie Goosie Gander for Toddlers Location: OEYC - 166 Pearl St. E., Brockville</p>	<p>Tuesdays Mar. 2 – Apr. 6 3:00 – 4:30 pm</p>	<p>This is an adaptation of the Goosie Goosie Gander program designed to develop vocabulary, letter recognition, rhythm and rhyme in toddlers aged 18 – 30 months. To register: call 613-341-9044 or 1-866-433-8933, ext. 2374.</p>

Getting Ready for Kindergarten Location: OEYC – 166 Pearl St. E., Brockville	Wednesday Mar. 24 5:30 – 7:30 pm	Parents, grandparents and caregivers with children 4 – 6 years starting school in the Fall. This workshop gives parents information about what they can do to help their child develop learning readiness skills and succeed in school. To register: call 613-341-9044 or 1-866-433-8933, ext. 2374.
Toddler Tales Location: Brockville Public Library, 23 Buell St., Brockville	Tuesdays Apr. 6 – May 11 10:30 – 11:00 am	Stories, songs, rhymes and games for two year olds plus an adult. \$6.00 for 6-week session. To register: call Lisa Cirka, 613-342-3936.
Preschool Storytime Location: Brockville Public Library, 23 Buell St., Brockville	Thursdays Apr. 8 – May 13 10:30 – 11:15 am	Stories, songs, rhymes, games and a craft for 3 – 5 year olds plus an adult. \$6.00 for 6-week session. To register: call Lisa Cirka, 613-342-3936.
Spring and Summer Make & Take Location: OEYC - 166 Pearl St. E., Brockville	Wednesday Apr. 21 6:30 – 8:30 p.m.	Early Learning Professionals are invited to make fun literacy resources and discover new ideas for spring and summer activities. Learn to enhance your children’s play and circle time. Please bring construction paper, foam, felt and laminating sheets in a variety of colours. To register: call 613-341-9044 or 1-866-433-8933, ext. 2374.
Getting Ready for Kindergarten Location: OEYC – 166 Pearl St. E., Brockville	Monday Apr. 19 9:30 – 11:30 am	Parents, grandparents and caregivers with children 4 – 6 years starting school in the Fall. This workshop gives parents information about what they can do to help their child develop learning readiness skills and succeed in school. To register: call 613-341-9044 or 1-866-433-8933, ext. 2374.
Baby Rhyme Time Location: OEYC – 166 Pearl St. E., Brockville	Thursdays Apr. 22 – June 10 1:30 – 3:00 pm	Program offers parents and their babies 0 – 12 months an opportunity to experience the pleasure & power of rhymes, songs and stories. To register: call 613-341-9044 or 1-866-433-8933, ext. 2374.

North and South Leeds

Goosie Goosie Gander Location: Rideau Lakes Public Library, Portland Branch, 2792 Hwy. 15, Portland	Wednesdays Jan. 27 – Mar. 3 10:00 – 11:30 am	For parents/caregivers with their children 2 ½ - 6 years. Using rhymes, songs, stories and play this program encourages vocabulary development, letter recognition, rhythm and rhyme, social skills and pre-reading skills. To register: call 1-866-433-8933, ext. 2374.
Baby Rhyme Time Location: OEYC - 375 William St. S., Gananoque	Mondays Feb. 22 – Apr.19 1:30 – 3:00 pm	This program offers parents and their babies 0 -12 months an opportunity to experience the pleasure and power of using rhymes, songs and stories. To register: call 1-866-433-8933, ext. 2374.
Just For Kids Storytime – Preschoolers Location: Rideau Lakes Public Library, Elgin Branch, 26 Halladay St., Elgin	3rd Wednesday of each month Jan. - May 10:30 – 11:30 am	Stories, activities and crafts for preschoolers and their families. For more info: call Vicki Stevenson, 613-359-5315.

<p>Just For Kids Storytime – School Age Kids</p> <p>Location: Rideau Lakes Public Library, Portland Branch, 2792 Hwy. 15, Portland</p>	<p>3rd Saturday of each month</p> <p>Jan. - May</p> <p>1:30 – 2:30 pm</p>	<p>Stories, activities and crafts for kids and their families.</p> <p>For more info: call Vicki Stevenson, 613-359-5315.</p>
<p>Getting Ready for Kindergarten</p> <p>Location: Rideau Lakes Public Library, Portland Branch, 2792 Hwy. 15, Portland</p>	<p>Wednesday</p> <p>Apr. 7</p> <p>9:30 – 11:30 am</p>	<p>Parents, grandparents and caregivers with children 4 – 6 years starting school in the Fall. This workshop gives parents information about what they can do to help their child develop learning readiness skills and succeed in school.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>
<p>Getting Ready for Kindergarten</p> <p>Location: OEYC - 375 William St. S., Suite 100, Gananoque</p>	<p>Wednesday</p> <p>Apr. 14</p> <p>1:30 – 3:30 pm</p>	<p>Parents, grandparents and caregivers with children 4 – 6 years starting school in the Fall. This workshop gives parents information about what they can do to help their child develop learning readiness skills and succeed in school.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>
<p>Goosie Goosie Gander for Toddlers</p> <p>Location: OEYC - 375 William St. S., Suite 100, Gananoque</p>	<p>Wednesday</p> <p>May 4 – June 8</p> <p>9:30 – 11:00 am</p>	<p>This is an adaptation of the Goosie Goosie Gander program designed to develop vocabulary, letter recognition, rhythm and rhyme in toddlers aged 18 – 30 months.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>
<p>Baby Rhyme Time</p> <p>Location: Rideau Lakes Public Library, Portland Branch, 2792 Hwy. 15, Portland</p>	<p>Wednesdays</p> <p>May 5 – June 23</p> <p>9:30 – 11:00 am</p>	<p>This program offers parents and their babies 0 -12 months an opportunity to experience the pleasure and power of using rhymes, songs and stories.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>
<p>“To Market, To Market” Make & Take Book Extension Workshop</p> <p>Location: OEYC – 375 William St. S., Common Boardroom, Gananoque</p>	<p>Wednesday</p> <p>Apr. 28</p> <p>6:00 – 8:00 pm</p>	<p>For early childhood educators, childcare providers, kindergarten teachers and parents of young children. You will make a variety of props to extend children’s interest in favourite books, using Anne Miranda’s “<u>To Market, to Market</u>” . Please bring construction paper, foam, felt and laminating sheets in a variety of colours.</p> <p>To register: call 1-866-433-8933, ext. 2374.</p>
<p>Parent, Education & Support – Portland Group</p> <p>Location: 4319 Cove Rd., Country Roads C.H.C., Portland</p>	<p>3rd Monday of each month</p> <p>9:30 – 11:30 am</p>	<p>For pregnant women, parents and caregivers and their children 0 – 6 years.</p> <p>For more info: call Early Years Team, 613-272-3302 or 1-888-998-9927, ext. 246.</p>
<p>Breastfeeding Buddies Drop-In</p> <p>Location: 4319 Cove Rd., Country Roads C.H.C., Portland</p>	<p>1st Tuesday of each month</p> <p>1:30 - 3:30 pm</p>	<p>Gain support, share experiences & concerns. Registered Nurse present. Book ahead for child care.</p> <p>For more info: call Early Years Team, 1-888-998-9927, ext. 246.</p>
<p>Parent, Education & Support – Elgin Group</p> <p>Location: Elgin Municipal Complex</p>	<p>1st Monday of each month</p> <p>9:30 – 11:30 am</p>	<p>For parents/caregivers and their children 0 – 6 years.</p> <p>For more info: call Early Years Team, 1-888-998-9927, ext. 246.</p>

Parent, Education & Support – Delta Group Location: Delta Baptist Church	2nd & 4th Wed. of each month 10:00 am – 12:30 pm	For parents/caregivers and their children 0 – 6 years. For more info: call Early Years Team, 1-888-998-9927, ext. 246.
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North Grenville

Good Food for a Healthy Baby Location: OEYC – 215 Sanders St., Unit 207, Kemptville	Tuesdays 11:30 am – 1:30 pm	A prenatal nutrition program. Come and relax with us and have fun! For more info: call Joanne Harris, 1-888-284-2204, ext. 0.
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North Grenville Childcare Provider Network (NGCPN) Location: Meeting Room, W.B. George Centre, Kemptville College Campus	3rd Tuesday of each month 7:00 - 8:30 pm	The NGCPN meets on the third Tuesday of each month for networking opportunities and educational opportunities related to childcare. For more info: call Stephanie Davies, 613-258-0664 or www.ngcpn.ca or info@ngcpn.ca
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Baby Rhyme Time Location: OEYC – 215 Sanders St., Unit 207, Kemptville	Thursdays Feb. 4 – Mar. 25 1:30 – 3:00 pm	Program offers parents and their babies 0 – 12 months an opportunity to experience the pleasure & power of rhymes, songs and stories. To register: call 1-866-433-8933, ext. 2374.
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“To Market, To Market” Make & Take Book Extension Workshop Location: OEYC – 215 Sanders St., Unit 207, Kemptville	Saturday Feb. 27 9:30 – 11:30 am	For early childhood educators, childcare providers, kindergarten teachers and parents of young children. You will make a variety of props to extend children’s interest in favourite books, using Anne Miranda’s “ <u>To Market, to Market</u> ”. Please bring construction paper, foam, felt and laminating sheets in a variety of colours. To register: call 1-866-433-8933, ext. 2374.
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Learning Through Play Location: OEYC – 215 Sanders St., Unit 207, Kemptville	Thursdays Apr. 22 – May 27 1:30 – 3:00 pm	Parents and caregivers, with their children (birth to 6 years), learn about healthy growth and development. Topics to be covered: <ul style="list-style-type: none"> ▪ Guiding Behaviour ▪ Ages and Stages ▪ Brain Development ▪ The Importance of Play To register: call 1-866-433-8933, ext. 2374.
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Getting Ready for Kindergarten Location: OEYC – 215 Sanders St., Unit 207, Kemptville	Friday Apr. 30 9:30 – 11:30 am	Parents, grandparents and caregivers with children 4 – 6 years starting school in the Fall. This workshop gives parents information about what they can do to help their child develop learning readiness skills and succeed in school. To register: call 1-866-433-8933, ext. 2374.
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South Grenville

<p>Good Food for a Healthy Baby Location: OEYC - 490 Jessup St. (Hyde St. Entrance), Central Public School, Prescott</p>	<p>Mondays 1:00 – 3:00 pm</p>	<p>A prenatal nutrition program. Come and relax with us and have fun! For more info: call Joanne Harris, 1-888-284-2204, ext. 0.</p>
<p>Goosie Goosie Gander for Toddlers Location: OEYC - 490 Jessup St. (Hyde St. Entrance), Central Public School, Prescott</p>	<p>Thursdays 1:30 – 3:00 pm Mar. 4 – Apr. 8</p>	<p>This is an adaptation of the Goosie Goosie Gander program designed to develop vocabulary, letter recognition, rhythm and rhyme in toddlers aged 18 – 30 months. To register: call 613-341-9044 or 1-866-433-8933, ext. 2374.</p>
<p>Getting Ready for Kindergarten Location: OEYC – 490 Jessup St. (Hyde St. Entrance), Central Public School, Prescott</p>	<p>Monday Apr. 12 9:30 – 11:30 am</p>	<p>Parents, grandparents and caregivers with children 4 – 6 years starting school in the Fall. This workshop gives parents information about what they can do to help their child develop learning readiness skills and succeed in school. To register: call 613-341-9044 or 1-866-433-8933, ext. 2374.</p>
<p>“Brown Bear, Brown Bear” Make & Take Book Extension Workshop Location: OEYC - 490 Jessup St. (Hyde St. Entrance), Central Public School, Prescott</p>	<p>Thursday May 20 6:30 – 8:30 p.m.</p>	<p>Early learning professionals are invited to discuss a variety of ways to extend children’s interest in favourite books using Eric Carle’s “<u>Brown Bear, Brown Bear</u>”. We will use the die cutter to develop props. Please bring construction paper, foam, felt and laminating sheets in a variety of colours. To register: call 613-341-9044 or 1-866-433-8933, ext. 2374.</p>